

## February 2019

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>4 Pears, melba toast, cream cheese</p> <p>Chicken, pasta, corn, beans, milk</p> <p>Cheese, zucchini</p>	<p>5 Plums, bagels</p> <p>Pork veggie stir-fry, rice, cucumbers, milk</p> <p>Carrots, veggie dip</p>	<p>6 Kiwi, Rice Crispies, milk</p> <p>Beef/veggie quesadillas, peas, rice, milk</p> <p>Apples, crackers</p>	<p>7 Oranges, trail mix</p> <p>veggie/cheese quiche, rice, raw beans, milk</p> <p>Mango, rice cakes</p>	<p>8 Cheerios, milk, bananas</p> <p>Tomato mac soup, tuna sandwiches, Lettuce, milk</p> <p>Pumpkin Bread Clementines</p>
<p>11 granola, fruit yogurt</p> <p>Macaroni/cheese/Gr beef &amp; peppers, cucumbers, milk</p> <p>Apples, Graham wafers</p>	<p>12 Berries, corn flakes, milk</p> <p>Potato chicken bake, peas, buns, milk</p> <p>Green beans, Pita, humus</p>	<p>13 Raisin Toast Avocado</p> <p>Deluxe pizza, cob salad, milk</p> <p>Oatmeal Cookies &amp; Applesauce</p>	<p>14 Eggs &amp; Toast</p> <p>Broccoli/cheese quiche, rice, corn, milk</p> <p>Melon, fruit dip</p>	<p>15 apple/raisin &amp; Cinnamon Oatmeal,</p> <p>Roast beef, potatoes, gravy, corn buns, milk</p> <p>Pea butter/Banana wraps</p>
<p>18</p> <p>Closed For Family Day</p>	<p>19 Mini wheats milk &amp; mango</p> <p>Chili, green beans, buns, milk</p> <p>Melba Toast, Cream cheese, Clementines</p>	<p>20 Bagels/cream cheese, Berries</p> <p>Chicken/Veggie/noodle soup, grilled cheese, cucumbers, milk</p> <p>Apples &amp; granola</p>	<p>21 Plums, Cheerios</p> <p>Roast pork, potatoes, apple sauce, corn, milk</p> <p>Banana Bread &amp; Bananas</p>	<p>22 English Muffins Pears</p> <p>Spaghetti/meat &amp; veggie sauce, raw veggies, garlic bread, milk</p> <p>Triscuits &amp; orange slices</p>
<p>25 Rice Crispies, milk, Kiwi</p> <p>Chicken/veggie Quesadilla, Roast Sweet Potatoes, Salsa, Milk</p> <p>Clementines, Rice pudding</p>	<p>26 Eggs, Toast Cantaloupe</p> <p>Shepherd's pie, peas, buns, milk</p> <p>Apple chunks, Mary Crackers</p>	<p>27 Apple/raisin &amp; Cinnamon Oatmeal</p> <p>French toast, strawberries, milk roasted potatoes</p> <p>Veggies, Cheese Chunks, Triscuits</p>	<p>28 Fruit Yogurt, Granola, Banana</p> <p>Salmon nuggets, pasta parm, cooked carrots, peppers, milk</p> <p>Apple, Rice Cakes</p>	<p>1 Toast, Pea Butter, apples</p> <p>Meatballs, rice, corn ,mixed veggies, milk</p> <p>Avocado, Trail mix</p>